GJPIASR/2024/ Date: 09/10/2024

**SUMMARY OF THE PERSONALITY DEVELOPMENT PROGRAM (PDP)**

**ON “COMMUNICATION SKILLS”**

**Organized by:** IQAC in collaboration with Student Support, Career Guidance & Placement Cell, GJPIASR
**For:** First Professional BAMS (Batch-2023) Students
**Date:** 27th September, 2024
**Time:** 9:00 AM to 11:00 AM
**Venue:** Third Floor Classroom, New Academic Block, GJPIASR
**Resource Person:** Dr. Rohit Bagthariya, Assistant Professor, H. M. Patel Institute of English Training & Research

The **IQAC** of GJPIASR, in collaboration with the **Student Support, Career Guidance & Placement Cell**, conducted a **Personality Development Program (PDP)** on **Communication Skills** for the **First Professional BAMS (Batch-2023) students** on **27th September, 2024**, from **9:00 AM to 11:00 AM**. The event took place at the Third Floor Classroom in the New Academic Block at GJPIASR.

The session was led by **Dr. Rohit Bagthariya**, a distinguished Assistant Professor from the **H. M. Patel Institute of English Training & Research** known for his expertise in English Communication and Language Training.

**Objectives of the Program:**

* To improve Communication Skills among the First Professional BAMS Students.
* To enhance Students' ability to express themselves effectively in Academic and Professional Environments.
* To provide Practical Techniques for mastering Verbal and Non-Verbal Communication.

**Key Highlights of the Session:**

1. **Introduction to Effective Communication:** Dr. Rohit began with a detailed introduction to Communication, emphasizing its importance in building strong interpersonal relationships, particularly in healthcare, where clear Communication is essential for Patient Care.
2. **Verbal and Non-Verbal Communication:** The session highlighted the different modes of communication, including verbal (spoken words), non-verbal (body language, gestures, facial expressions), and written forms. The resource person explained how each mode plays a vital role in conveying messages.
3. **Overcoming Communication Barriers:** Dr. Rohit identified common barriers to effective communication, such as linguistic challenges, misinterpretations, and emotional blocks, providing practical strategies to overcome these issues in real-life scenarios.
4. **Interactive Exercises:** The PDP included interactive sessions where students participated in group discussions to practice their Communication Skills. These exercises allowed students to experience real-world Communication challenges and learn to handle them effectively.
5. **Importance of Listening:** A key focus was on the art of **Active Listening**—a crucial aspect of effective communication. Dr. Rohit taught students techniques to listen more attentively and respond thoughtfully, improving their interactions in both academic and personal settings.
6. **Body Language and Confidence Building:** Dr. Rohit emphasized the role of non-verbal cues, such as body posture, eye contact, and facial expressions, in communicating confidence and clarity. He also shared tips for managing public speaking anxiety and boosting self-confidence.
7. **Open Q&A Session:** Students were encouraged to ask questions and share their concerns about Communication challenges they face. Dr. Rohit addressed these queries, offering personalized advice on enhancing speaking skills and managing Communication in professional environments.

**Outcome:**

The PDP on Communication Skills was highly beneficial for the First Professional BAMS Students. It equipped them with essential communication techniques, boosting their confidence and preparing them for better interaction with faculty, writing answers in the Theory as well as presenting themselves during Viva, even while dealing with the Patients in future.

**Feedback:**

The students provided Positive Feedback, appreciating the practical nature of the session and Dr. Rohit’s engaging teaching style. They also requested more such programs to further develop their personality and communication skills.

 **Convener**

 SS, CG & P Cell, GJPIASR